

MINUTES OF THE HEALTH AND HUMAN SERVICES BOARD

THURSDAY, MARCH 23, 2017

Chair Wood called the meeting to order at 12:30 p.m.

Board Members Present: Supervisors Chuck Wood, Christine Howard (12:55) Robert Kolb, Bill Zaborowski, and Citizen Members Jeffrey Genner, Tim Whitmore, Steven Kulick. **Absent:** Citizen Members Michael O'Brien, Vicki Dallmann-Papke, and Mary Lodes.

Also Present: Health and Human Services Director Antwayne Robertson, Health and Human Services Deputy Director Laura Kleber, Clinical Services Division Manager Joan Sternweis, Mental Health Center Administrator Jeff Lewis, Adolescent and Family Division Manager Ron Pupp, Public Health Epidemiologist/County Health Officer Ben Jones, Health and Human Services ADRC Coordinator Lisa Bittman, Health and Human Services Clinical Services Supervisors John Kettler and Danielle Birdeau, Health and Human Services Accounting Coordinator Will Emslie, AODA Advisory Committee Chair Jim Aker, AODA Advisory Committee member Joe Muchka, Child and Family Services Advisory Committee Chair Lindsay Just, Child and Family Services Advisory Committee members Pam Groh and Karen Villarreal, Mental Health Advisory Committee Chair Mary Madden, Lutheran Social Services Certified Peer Specialist Terry Findley, Public Health Advisory Committee members Mary Baer, Dr. Jennison, and Dr. Ross Clay, and ADRC Advisory Committee members Susan Schweda, Pat Carriveau, and Judie Berthelsen. Recorded by Julie Bartelt, Health and Human Services Departmental Secretary.

Approve Minutes of 2-16-17

MOTION: Zaborowski moved, second by Whitmore to approve the minutes of February 16, 2017. Motion carried 6-0.

Announcements

Wood attended the Drug Court fifth year anniversary and graduation event yesterday. It was well attended by those who treat, counsel, and help participants complete the program.

As the new HHS Board Chair, Wood introduced himself. Many know him from the HHS Committee. He is a retired Captain of the Sheriffs' Department where he was the commander of the drug unit for some time. He has seen many changes, including the worsening of the heroin epidemic, as well as a nice evolution in law enforcement's view of drug addicts because of education. Wood was one of the first co-chairs of Drug Free Communities. Everyone has family and/or friends affected by addiction, mental health issues, aging issues, etc. He looks forward to working with the HHS Board.

Approval of appointments at the Mental Health Center

Lewis requested the appointment of Dr. Eugene Braaksma, PhD. He has been fully vetted, approved by various committees, and has passed background and reference checks.

MOTION: Whitmore moved, second by Zaborowski to approve the appointment of Dr. Eugene Braaksma, PhD. Motion carried 6-0.

Alcohol and Other Drug Abuse Advisory Committee and Mental Health Advisory Committee combined Needs Presentation

Mary Madden, Mental Health Advisory Chair, stated that the Mental Health Advisory and AODA Advisory Committees focus on input of consumers, family members, and service providers, as well as national and community trends to advise the HHS Board on the priority needs of the citizens of Waukesha County. Addressing the needs will be accomplished through a collaboration of efforts by community agencies in partnership with Waukesha County HHS.

Jim Aker, the AODA Chair, is a clinical substance abuse counselor for Lutheran Social Services at their Genesis House Program. He has been in the addiction field for 27 years. Aker began by explaining ambulatory detoxification services for opioid use disorder and medication assisted treatment (M.A.T.), citing the many benefits. He indicated there is a growing need for education and treatment for the aging population, as that population is growing. There is a shortage of clinical substance abuse counselors statewide, and a need for dually trained Peer Specialists. Aker suggested the HHS Board might wish to view the 2016 Wisconsin Epidemiological Profile on Alcohol and Other Drug Use at <https://www.dhs.wisconsin.gov/stats/aoda.htm>. The AODA Advisory Committee also supports the unmet need for residential treatment services for adolescents and women in our county, as there are currently none. There is a clear need for support of the State Council on Alcohol and other Drug Abuse's (SCAODA's) workforce development committee to train and hire substance abuse counselors. They are asking the HHS Board for support in training AODA Peer Specialists in Waukesha County. Finally, they are asking again for a 2% increase in funding so that vendors can provide treatment services that meet quality standards. Aker shared his personal story, crediting access to treatment 32 years ago.

Madden presented recommendations from the Mental Health Advisory Committee and the AODA Advisory Committee:

- Funding for a .5 FTE Psychiatrist that specializes in addictions to meet the unique needs of people with co-occurring mental illness and substance use disorders.
- To continue the array of medications that are available to Waukesha County residents including medication assisted treatment for opiate users to enhance a proactive implementation of services.
- Provide funding for 1 FTE permanent position to provide service continuity for the Mobile Crisis Team.
- Provide continued support for and expand Open Access to include medical personnel and Just in Time scheduling.

Madden presented community priorities on behalf of the Mental Health Advisory Committee:

- Budgeted increase for contracted mental health services to maintain contracts, enable vendors to provide quality services, to recruit, train and maintain staff.
- Funding to develop quality crisis stabilization services as an alternative to hospitalization.
- Recovery programming more conducive for young adults (ages 16 to 25), according to what research indicates improves outcomes.

- Expand training opportunities to increase the cadre of Certified Peer Specialists in Waukesha.

Terry Findley, Certified Peer Specialist, at Friendships Unlimited, a Lutheran Social Services (LSS) agency was present to share his work experiences. Waukesha County contracts with LSS to provide peer support within the Comprehensive Community Services (CCS) program that run the groups at the Mental Health Center. There has been an increase of people wishing to work on or develop a WRAP, a Wellness Recovery Action Plan. Findley explained when working with CCS clients, it must be documented in a billable format and there is ongoing training in documenting. He praised Waukesha County for their determination to use Peer Specialists and provide quality services. Lastly, Findley spoke of the importance of the training request to expand the program and include dually trained peer specialists to provide quality service to those in need.

Public Health Advisory Committee Needs Presentation

Dr. Ross Clay, is a physician in internal medicine, occupational or industrial medicine, who worked at the Medical College for many years and currently works with several industries in Milwaukee and Waukesha. He presented information on health trends in Waukesha County including the effects of the overall increasing population, increasing population over age 65, poverty and Asset Limited Income Constrained Employed (ALICE) households (working poor), increasing rates of communicable diseases, increase in exotic diseases, increasing chronic diseases and risk factors, and increasing drug related deaths. He reviewed data for maternal and child health measures, including children at risk referrals and increasing lead referrals. Informed the priority health areas identified in the 2010-2015 Community Health Improvement Plan and Process (CHIPP). Dr. Clay explained that national public health accreditation is voluntary, but the thought is that CDC funding could be tied to accreditation in the future.

Dr. Clay presented the 2018 recommendations to the HHS Board on behalf of the Public Health Advisory Committee:

- Level II Status Request for continuing support of the Waukesha County Public Health Division through adequate 2018 finding.
- Fund 1 Nursing position and 1 Coordinator position that are unfunded.
- Provide funding for National Public Health Accreditation.

Dr. Marshall Jennison, Public Health Advisory Committee, talked about infectious disease and the importance of being prepared.

Children and Family Services Advisory Committee Needs Presentation

Lindsay Just, Addiction Resource Council, Karen Villarreal, Easter Seals of Wisconsin, and Pam Groh, Muskego-Norway School District, represented the Children and Family Services Advisory Committee (CAFSAC). Within their presentation, they related how Waukesha County's five pillars – Customer Service, Quality, Team, Health & Safety, and Finance, tie to their agencies and families served. On a daily basis, Waukesha County providers work with families and children affected by mental illness, addiction, special needs, disabilities, domestic or sexual violence, poverty, and/or are hardworking and still stressed financially. Villarreal read a letter

from a Waukesha County mother relating her personal story and the services provided that supported and helped her. Villarreal summarized what is meant by ALICE – Asset Limited, Income Constrained, Employed, which 29% of Waukesha County households identify as and are struggling financially.

Pam Groh serves over 740 students in the Muskego Norway School District as the school counselor. She sits on CAFSAC and leans on the committees' agencies for valuable support. Groh presented truancy data. The highest number of juvenile justice intakes in 2016, by far, is for truancy. This impacts families, the community and service providers. Chronic absences result in the risk of not graduating high school, which results in expense to the community. Resources and support are necessary for those working with families to combat the growing trend. The goal is to address the families' needs at an earlier age to help students and families be successful in school, launching students to be independent and self-supporting adults. Groh talked about the collaborative work by the agencies of the Truancy Subcommittee.

Just reported data on youth substance abuse from the Wisconsin Epidemiological report of 2013-2014. It shows Wisconsin is higher than the national average for youth alcohol abuse and dependence. Prescription drug misuse was most affected in the age group of 12 to 25. Prescription drug abuse/misuse leads to heroin at later ages. Marijuana continues to be the drug most used by Wisconsin high school students.

Just talked about how foster care can result from parents who abuse drugs and alcohol. She highlighted a need for more foster homes and recruitment efforts for forty more foster families in Waukesha.

CAFSAC respectfully requested a 6% increase in funding for contracted services to address attendance and truancy issues, AODA community support and programming, and train/maintain Waukesha County foster care providers. Just also listed other agency concerns related to staffing and shared many agency successes, despite the struggles.

Aging and Disability Resource Center Advisory Committee Needs Presentation

Susan Schweda, Judie Berthelsen, and Pat Carriveau were present to share the ADRC Advisory Committee's unmet needs. They exhibited the growth in Waukesha County older population since baby boomers began turning 65 in 2011. In 2016, there were 63,000 or 1 of 6 age 65 or older, and it is predicted that by 2030 Waukesha County will have 111,000 individuals, or 1 of 4, will be 65 or older. This will have a wide range of implications for the county.

This growth in the number of individuals over the age of 65 will bring an:

- Increased need for affordable and accessible senior housing.
- Increased need for family caregiver supports.
- Increased need of workers in medical and non-medical health services – at home care and institutional care – across the county.
- Increased need for transportation options.
- Increased need for community-based services such as adult day care.
- Increased need to combat social isolation.

The ADRC's unmet needs identified through consumer calls, input from the ADRC Advisory Board, and consumer surveys:

- Medical and non-medical in home care services.
- Transportation options.
- Combatting social isolation.
- Balanced nutrition.
- Increased and improved services to family and informal caregivers.
- Increased and improved services and community acceptance for those with Alzheimer's or dementia diagnosis.
- Addressing gaps related to Adults at Risk.
- Medication management and guidance.
- Accessible and affordable housing.
- Dental providers willing to accept Medicaid as payment or willing to provide reduce cost services.
- Affordable ongoing mental health case management.
- Home and neighborhood safety and security.

Resources to meet the needs are Federal and State grants, local tax levy dollars, community partner organizations, other county divisions/departments, volunteers, and the community at large.

Schweda talked about the workforce deficit to address the community's medical and non-medical needs. The needs are beginning to outpace funding. The growing transportation needs for older adults and individuals with a disability were reviewed. What is needed to address transportation – additional funding to meet transportation demand, additional service provider capacity to meet current and future demand, additional partners including faith based organizations and senior healthcare facilities. Berthelsen explained challenges of the aging and disabled population facing social isolation, nutritional challenges, and family and informal caregiver support concerns. Carriveau shared data on dementia and Alzheimer's disease, talked about adults at risk of abuse, neglect, or financial exploitation, and utilizing an interdisciplinary team to address identified needs.

MOTION: Howard moved, second by Kulick to adjourn the board meeting at 3:25 p.m. Motion carried 7-0.

Respectfully submitted,

Christine Howard, Secretary
Health and Human Services Board